

# Lake Conference Relays - Friday, April 12, 2024

## WHS Stadium - 60 degrees, sunny, 10-20mph wind (Perfect!)

### 4x800m Relay - 8:18.03 (3rd) Splits

2:01.9 Dan Salatino 29.3, 31.3, 30.7, 30.6  
**2:04.5** Parker Dietrick 28.8, 31.5, 31.7, 32.5  
2:07.2 Jack Kahlstorf 29.8, 32.2, 33.1, 32.1  
**2:04.4** Cullen Williams 28.5, 31.8, 31.0, 33.1

### 4 x 1600m (Individual)

**4:40.80** Evan Young 68, 73, 72, 67.8  
4:41.11 Will Chabot 66, 74, 73, 68.1  
**4:45.46** Robert Marshall 67, 74, 73, 71.4  
4:51.20 Tal Havelio 67, 74, 74, 76.2

### 800m (Individual)

1:58.03 Hayes McMillan 27.4, 30.0, 30.8, 29.8  
2:04.67 Parker Dietrick 29.2, 31.1, 31.3, 33.1  
2:08.33 Jack Kahlstorf 30.3, 32.2, 32.5, 33.3

### 1600m Sprint Medley

2:08.5 Cullen Williams (800m) 29.1, 65.7, 33.7

### 4 x 3200m (Individual)

**9:14.81** Will Weber 67,72,71,71,71,70,69,63.8  
**9:15.74** Tyler Kissell 67,72,71,71,71,70,69,64.7  
9:51.12 Daniel McCollor 68,72,70,75,74,78,78,76.1  
10:01.51 Alex Haag 69,74,76,76,78,78,76,74.5

### 4x400m Relay

51.4 Del Johnson  
50.9 Matthew Adams  
53.6 Evan Furcht  
50.5 Hayes McMillan